



## Minimally Invasive Organ Transplant Consensus Conference (MIOT.CC)

12-14 December 2024, Riyadh, Saudi Arabia

### Instructions on grading recommendations for the MIOT Consensus Conference (MIOT.cc)

One of the simplest ways to grade recommendations in the medical field is by using a two-level system: strong and weak recommendations. Please find below the simplified approach for the purpose of this Consensus Conference:

**Strong Recommendation:** This is used when the benefits of an intervention clearly outweigh the potential harms, or vice versa. A strong recommendation indicates that most patients should receive the recommended intervention, or it should be avoided in most cases.

**Weak Recommendation:** This is used when the balance between benefits and potential harms is less certain, or when patient values and preferences may vary. A weak recommendation indicates that different options may be reasonable, and the decision should be based on individual patient circumstances, values, and preferences.

This simplified approach is less time consuming and allows for clear communication and easy understanding of recommendations.

Please ensure that you also state the **quality of evidence** based on factors such as study design (e.g., RCT vs. retrospective series), risk of bias, consistency, directness, and precision. Please find attached an article on the modified GRADE approach\* for further information. The quality of evidence is then classified into four levels: **high, moderate, low, or very low**.

The purpose of the GRADE approach\* is to provide a systematic and transparent process for evaluating evidence and making healthcare recommendations, helping to ensure that healthcare decisions are based on the best available evidence and are informed by various contextual factors.

***The MIOT.CC Team***